



Virtual Day Out for Autism – June 14, 2020

FAQ - Frequently Asked Questions

When is the Virtual Day Out for Autism Walk? Sunday, June 14, 2020

Where is the Virtual Walk? Walk where you are! Do you have a favorite walking trail or one you would like to check out? This is a great opportunity to explore your neighborhood with your family and you can take the dogs.

How do I show that I'm participating? Share your photos and videos on [Facebook](#) and [Twitter](#) and follow us there. We will have fun activities and challenges that day so keep checking!

Should I still register? Yes! When you register for Day Out for Autism, we have the ability to reach out to you and let you know about day-of activities! You can [Register HERE](#). We also plan to send out packets with goodies for our participants ahead of the event.

Since the event is virtual, are you still fundraising? Yes, we are still raising funds so WAAA can continue to help and support families and individuals touched by Autism throughout our state.

Where can I send donations? If you have donations that you can't donate online, please send donations to our office at Washington Autism Alliance & Advocacy, 16225 NE 87th St. Suite A2, Redmond, WA 98052

What if it rains? We will be Live rain or shine. Grab an umbrella and galoshes and enjoy spring weather in Seattle. Or simply wait until the rain is over.

How long/far should I walk? Traditionally we host a 3K route. Walk what suits you and don't forget to cheer yourself on your team on!

What if our family doesn't want to walk? That is totally ok! Make it your own, and make it memorable. There are many ways you can do the 3K Your way.

Run or Walk around your neighborhood | Complete an Obstacle Course complete with swings and crash pads | Jump on a trampoline | Ride a Scooter or Bike | Dunk a Basketball | Kick a Soccer ball

Jazz up your walk with family pics, chalk art messages, scavenger hunts etc.

Be sure to take photos of your Fun – we want to see your Day Out for Autism spirit!